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| **Level 2 HSC** **Autumn and Spring TERM 2024-25** |
| **Week****& Date** | **Unit & Staff** | **Lesson Content** | **Page nos = textbook** |
| 27/8/24 | **ENROLMENT WEEK – NO LESSONS** |
| 02/9/24INSET1=Fri | **Holiday & International student enrolment + Ready to Learn****No lessons** |
| 09/9/24T/tables on My. PLessons start | **U1****U6/3** | Introduction to HSC. Introduction to unit 1 – Human Lifespan DevelopmentExternal exam Thursday 9th January 2025 AM 1 hourIntroduction to Unit 6/3.The Impact of Nutrition on Health and WellbeingWhat are communication skills?Internally Assessed Tasks Completing Dec 2024 |  |
| 16/9/24 | **U1****U6/3** | Summer homework. Essential Nutrients.Contexts | Pg. 130-133P 57 |
| 23/9/24 | **U1****U6/3** | Growth and development. Stages of life. Self-image and self-esteem. Infancy (0-2). Physical, intellectual, emotional, and social development.The five food groups and their functions.Recommended daily intakes.Effective verbal communication | Pg. 4-5Pg. 6-7Pg. 134-135Pg. 136-137P 57 |
| 30/09/24 | **U1****U6/3** | Early childhood (3-8). Physical, intellectual, emotional, and social development.Adolescence (9-18). Physical, intellectual, emotional, and social development.What is a balanced diet? Long term effects of an unbalanced dietEffective non-verbal communication | Pg. 8-9Pg. 10-11Pg. 138-139Pg. 140-143P58 |
| 07/10/24PR1 student self-assess | **U1****U6/3** | Early adulthood (19-45). Physical, intellectual, emotional, and social development.Middle adulthood (46-65). Physical, intellectual, emotional, and social development.Work on Command verbs – PracticeAlternative forms of communication | Pg. 12-13Pg. 14-15P61 |
| 07/10/24PR1 input |  **U1****U6/3** | Later adulthood (65+) Physical, intellectual, emotional, and social development.Assignment 1 | Pg. 16-17 |
| **HALF TERM****21st – 29th OCTOBER** |
| 14/10/24PR1 Published | **U1****U6/3** | The influences on human growth and development (physical and environmental factors).Assignment 1 | Pg. 18-19 |
| 21/10/24 | **U1****U6/3** |  Play in infancy and childhood. Role models. Culture.Factors influencing the diet of individuals and their associated needsFactors that affect communication, Effects of Barriers and overcoming them | Pg. 20-21Pg. 144-149P 64-67 |
| 04/11/2404/11 = INSET2 | **U1****U6/3** |  Economic, physical environment, and psychological factors.Nutritional variation during life stage developmentBenefits of removing barriers | Pg. 22-23Pg. 150-153P 68-69 |
| 11/11/24 | **U1****U6/3** | Expected and unexpected life events.Considerations for nutritional planningCommunication skills | Pg. 24-25Pg. 154-156P66-67 |
| 18/11/24 | **U1****U6/3** | Revision for mock testAssignment 2 | Unit 1 BTEC Revision books |
| 25/11/24PR2 student self-assessment | **U1****U6/3** | **Mock test**Assignment 2 |  |
| 02/12/24PR2 input | **U1****U6/3** | Revision Mock test feedbackAssignment 2 | Unit 1 BTEC Revision books |
| **END OF TERM 1 - Wednesday 18th December 2024** |
| 06/01/25 | **U1****U1** | Exam preparationRevision **Exam Thursday 9th January 2025 Morning**Revision Unit 1 | Pg. 26-27Unit 1 BTEC Revision books |
| 13/01/25 | **U2****U4** | Introduction to values in health and social careIntroduction. What is socialisation? | P32-33P80-81 |
| 20/01/25 | **U2****U4** | Confidentiality and Dignity Effects of socialisation, gender roles and attitudes | P34-35P82-3 |
| 27/01/2025 | **U2****U4** | Respect and safeguardingEffects of socialisation social norms, religious beliefs attitudes to authority and moral choices | P36-37P84-85 |
| 03/02/2025 | **U2****U4** | Person-centred care and duty of careInfluence of lifestyle choices | P38-40P86-87 |
| 10/02/2025 | **U2** | Assignment 1 |  |
| Half Term |  |  |  |
| 24/02/202524/02 = INSET3 | **U2** | Assignment 1 |  |
| 03/03/2025 | **U2****U4** | Empowering IndividualsDifferent types of relationships and influences of these | P42-43P88-92 |
| 10/03/2025 | **U2****U4** | Working in partnership with other peopleSocial factors | P46-45P94-95 |
| 17/03/2025 | **U2****U4** | Promoting choice and Good communicationEffects of social factors on health choices and health and wellbeing | P46-49P96-98 |
| 24/03/2025 | **U2****U4** | Positive working practicesSelf-esteem | P50-51P98-99 |
| 31/03/2025 | **U2****U4** | Assignment 2Assignment 2 |  |
| EASTER Holidays |  |  |  |
| 22/04/2025 | **U2****U4** | Assignment 2Assignment 2 |  |
| 28/04/2025 | **U1****U2/3/4/6** | Revision for those retakingCompletion of any outstanding coursework |  |
| 06/05/2025 | **U1****U2/3/4/6** | Revision for those retaking All coursework completed and handed-in – final possible date for hand-in of any coursework |  |
| 12/05/2025 | **U1** | Revision for those retakingUnit 1 Exam Wednesday 14th May 2025 |  |