|  |  |  |  |
| --- | --- | --- | --- |
| **Level 2 HSC**  **Autumn and Spring TERM 2024-25** | | | |
| **Week**  **& Date** | **Unit & Staff** | **Lesson Content** | **Page nos = textbook** |
| 27/8/24 | **ENROLMENT WEEK – NO LESSONS** | | |
| 02/9/24  INSET1=Fri | **Holiday & International student enrolment + Ready to Learn**  **No lessons** | | |
| 09/9/24  T/tables on My. P  Lessons start | **U1**  **U6/3** | Introduction to HSC.  Introduction to unit 1 – Human Lifespan Development  External exam Thursday 9th January 2025 AM 1 hour  Introduction to Unit 6/3.  The Impact of Nutrition on Health and Wellbeing  What are communication skills?  Internally Assessed Tasks Completing Dec 2024 |  |
| 16/9/24 | **U1**  **U6/3** | Summer homework.  Essential Nutrients.  Contexts | Pg. 130-133  P 57 |
| 23/9/24 | **U1**  **U6/3** | Growth and development. Stages of life. Self-image and self-esteem.  Infancy (0-2). Physical, intellectual, emotional, and social development.  The five food groups and their functions.  Recommended daily intakes.  Effective verbal communication | Pg. 4-5  Pg. 6-7  Pg. 134-135  Pg. 136-137  P 57 |
| 30/09/24 | **U1**  **U6/3** | Early childhood (3-8). Physical, intellectual, emotional, and social development.  Adolescence (9-18). Physical, intellectual, emotional, and social development.  What is a balanced diet?  Long term effects of an unbalanced diet  Effective non-verbal communication | Pg. 8-9  Pg. 10-11  Pg. 138-139  Pg. 140-143  P58 |
| 07/10/24  PR1 student self-assess | **U1**  **U6/3** | Early adulthood (19-45). Physical, intellectual, emotional, and social development.  Middle adulthood (46-65). Physical, intellectual, emotional, and social development.  Work on Command verbs – Practice  Alternative forms of communication | Pg. 12-13  Pg. 14-15  P61 |
| 07/10/24  PR1 input | **U1**  **U6/3** | Later adulthood (65+) Physical, intellectual, emotional, and social development.  Assignment 1 | Pg. 16-17 |
| **HALF TERM**  **21st – 29th OCTOBER** | | | |
| 14/10/24  PR1 Published | **U1**  **U6/3** | The influences on human growth and development (physical and environmental factors).  Assignment 1 | Pg. 18-19 |
| 21/10/24 | **U1**  **U6/3** | Play in infancy and childhood. Role models. Culture.  Factors influencing the diet of individuals and their associated needs  Factors that affect communication, Effects of Barriers and overcoming them | Pg. 20-21  Pg. 144-149  P 64-67 |
| 04/11/24  04/11 = INSET2 | **U1**  **U6/3** | Economic, physical environment, and psychological factors.  Nutritional variation during life stage development  Benefits of removing barriers | Pg. 22-23  Pg. 150-153  P 68-69 |
| 11/11/24 | **U1**  **U6/3** | Expected and unexpected life events.  Considerations for nutritional planning  Communication skills | Pg. 24-25  Pg. 154-156  P66-67 |
| 18/11/24 | **U1**  **U6/3** | Revision for mock test  Assignment 2 | Unit 1 BTEC Revision books |
| 25/11/24  PR2 student self-assessment | **U1**  **U6/3** | **Mock test**  Assignment 2 |  |
| 02/12/24  PR2 input | **U1**  **U6/3** | Revision  Mock test feedback  Assignment 2 | Unit 1 BTEC Revision books |
| **END OF TERM 1 - Wednesday 18th December 2024** | | | |
| 06/01/25 | **U1**  **U1** | Exam preparation  Revision **Exam Thursday 9th January 2025 Morning**  Revision Unit 1 | Pg. 26-27  Unit 1 BTEC Revision books |
| 13/01/25 | **U2**  **U4** | Introduction to values in health and social care  Introduction. What is socialisation? | P32-33  P80-81 |
| 20/01/25 | **U2**  **U4** | Confidentiality and Dignity  Effects of socialisation, gender roles and attitudes | P34-35  P82-3 |
| 27/01/2025 | **U2**  **U4** | Respect and safeguarding  Effects of socialisation social norms, religious beliefs attitudes to authority and moral choices | P36-37  P84-85 |
| 03/02/2025 | **U2**  **U4** | Person-centred care and duty of care  Influence of lifestyle choices | P38-40  P86-87 |
| 10/02/2025 | **U2** | Assignment 1 |  |
| Half Term |  |  |  |
| 24/02/2025  24/02 = INSET3 | **U2** | Assignment 1 |  |
| 03/03/2025 | **U2**  **U4** | Empowering Individuals  Different types of relationships and influences of these | P42-43  P88-92 |
| 10/03/2025 | **U2**  **U4** | Working in partnership with other people  Social factors | P46-45  P94-95 |
| 17/03/2025 | **U2**  **U4** | Promoting choice and Good communication  Effects of social factors on health choices and health and wellbeing | P46-49  P96-98 |
| 24/03/2025 | **U2**  **U4** | Positive working practices  Self-esteem | P50-51  P98-99 |
| 31/03/2025 | **U2**  **U4** | Assignment 2  Assignment 2 |  |
| EASTER Holidays |  |  |  |
| 22/04/2025 | **U2**  **U4** | Assignment 2  Assignment 2 |  |
| 28/04/2025 | **U1**  **U2/3/4/6** | Revision for those retaking  Completion of any outstanding coursework |  |
| 06/05/2025 | **U1**  **U2/3/4/6** | Revision for those retaking  All coursework completed and handed-in – final possible date for hand-in of any coursework |  |
| 12/05/2025 | **U1** | Revision for those retaking  Unit 1 Exam Wednesday 14th May 2025 |  |